

# TOYOHARI - JAPANESE NEEDLE THERAPY

## AN EIGHT-WEEKEND, TWENTY-DAY POSTGRADUATE PROGRAMME

**Instructors** Stephen Birch, Junko Ida, Marian Fixler, Sue Pready, Joke Bik-Nowee, Miguel Cabrer, Anja Stiehl, Odile Marmier, Neil Scott-Kiddie and Ramin Khaknegar-Moghaddam.

Toyohari is a form of Keiraku Chiryō - Japanese Meridian Therapy. It is a theoretically simple but technically sophisticated complete system of acupuncture. It is different from most other forms of acupuncture in that it uses a more delicate treatment method, placing great emphasis on the use of pulse diagnosis and palpation skills. The practitioner learns to understand through direct sensing of qi in diagnosis and treatment with continuous assessment of all techniques. The Toyohari Association has developed quite unique training and teaching methods that can accelerate the learning of these skills which usually take many years of practice to develop. Many who have studied the Toyohari style of acupuncture have reported that it is more like what they thought they were going to be studying in acupuncture school.

The Toyohari Association was founded in 1959, evolving out of earlier developments in Meridian Therapy in the 1930s and 1940s. The Toyohari Association began as an Association devoted to Japanese Meridian Therapy for blind students and practitioners. Today it includes both sighted and blind practitioners. Many of the senior instructors in the Association are blind, and have considerable clinical experience. Toyohari is taught in Japan as a post-graduate training of 20 days over two years. Instruction in Japan is given through the highly organised, academic and hands-on clinical training methods of the senior members of the Association, utilising the "Kozato study method". The European Branch, the EBTA has developed a training programme that follows the Tokyo based programme. The late past President of the Association, Kodo Fukushima wrote a book available in English translation: "Meridian Therapy", which is required reading for this programme. The book along with some supplies are included in the cost of the programme.

Graduation from this 120-hour programme entitles the graduate to join the Toyohari Association through the Toyohari United Kingdom (TUK) branch and become a registered Toyohari practitioner. At present there are seven branches, Dutch, UK, German, Swiss, Spanish, Portuguese and Israeli. The principle purposes of the branches are to foster and improve clinical skills by providing ongoing study opportunities both in Branch study groups and study sessions with senior instructors in Japan and Europe. The European Branch of the Toyohari Association has been established to provide the structure for these educational opportunities. Graduates will receive a certificate signed by the EBTA and the Tokyo headquarters of the Association, and then be able to join the Toyohari Association through one of the EBTA branches.

### **Principle amongst the techniques used in the Toyohari system are:**

- **Diagnosis:** focusing especially on pulse diagnosis and touch diagnosis;
- **Treatment:** very delicate supplementation technique; various draining techniques; harmonising technique (waho); "contact" needling techniques (sanshin); warming moxa (chinetsukyu), direct moxa (okyu), cupping (kyukaku), bloodletting (shiraku), specialised treatment of the neck and inguinal regions to relieve symptoms (naso & muno), specialised use of the extraordinary vessels (kikei), specialised use of midday-midnight method (shigo).

**Graduates will** considerably improve their pulse and tactile diagnostic and assessment skills.

**Graduates will** also develop a greater sense of qi sensitivity through applying the needling techniques of the Association.

**Graduates will** learn a range of methods specifically aimed at relieving symptoms.

**Graduates will** be able to join ongoing study groups through joining the Toyohari Association.

This will be the third Toyohari programme to be taught in the UK. To date more than twenty international programmes have been taught in Europe. This programme will be taught in Reading by up to ten teachers; these include the two most senior teachers outside Japan: Stephen Birch and Junko Ida, seven other teachers, four of whom are UK based: Marian Fixler, Sue Pready, Joke Bik-Nowee, Miguel Cabrer Mir, Odile Marmier, Anja Stiehl, Neil Scott-Kiddie and Ramin Khaknegar-Moghaddam. All have done extensive studies, also with Japanese teachers in Japan and Europe.

### **EUROPEAN BRANCH OF THE TOYOHARI ASSOCIATION**

Greenhaven, Houndhead, Broadhempston, Totnes, Devon. TQ9 6AZ

Acupuncture is often taught in more theoretical-lecture classes, this programme is very hands-on in its teaching approach. For each day of class there is a high student-teacher ratio with a minimum of two instructors complemented by other Toyohari members as assistants to help supervise the practical training. 60% of the programme will involve hands-on practice of the various methods and techniques.

**The programme will be taught in Reading at the;**

College of Integrated Chinese Medicine (CICM), 19 Castle Street, Reading, Berkshire, RG1 7SB.

**The dates, and times for this 2021 eight-weekend programme are:**

**Jan - 29** (10.00-17.00) | **30** (9.00-17.30) | **31** (9.00-15.30) **Feb - 26** (10.00-17.40) | **27** (9.00-17.30) **28** (9.00-16.30)  
**Mar - 27** (9.30-17.30) | **28** (9.00-16.00) **Apr - 24** (9.30-17.30) | **25** (9.00-16.00)  
**May - 21** (10.00-17.30) | **22** (9.00-17.30) | **23** (9.00-16.00) **Jun - 19** (9.30-17.30) | **20** (9.00-16.30)  
**Sept - 3** (10.00-17.45) | **4** (9.00-17.30) | **5** (9.00-16.00) **Oct - 2** (9.30-17.30) | **3** (9.00-16.00)

To ensure maximum hands-on training, the number of participants will be limited to 24. We expect the programme to fill quickly, so it is advised not to delay application, as applications will be taken on a first-come-first-served basis. You must have completed a training programme in acupuncture.

There are three payment options for the programme so that programme costs depend on what payment plan you choose, to a total of from £2,100 to £2,400.

- A non-refundable deposit of £200 to secure a place on the programme, with a balance of £1,900 to be paid by 30<sup>th</sup> September 2020. Total cost £2,100
- A non-refundable deposit of £200 to secure a place on the programme, with a further non-refundable payment of £200 by 30<sup>th</sup> September and the remaining balance of £1,800 to be paid by 31<sup>st</sup> December 2020. Total cost £2,200
- A non-refundable deposit of £200 to secure a place on the programme, with a further non-refundable payment of £200 by 30<sup>th</sup> September and the remaining balance of £2,000 to be paid in 10 equal instalments of £200, commencing 1<sup>st</sup> January 2021 and ending 1<sup>st</sup> October 2021. Total cost £2,400.

**To secure your place on the programme please email your completed application form to Neil AND transfer a non-refundable deposit of £200 into our account.**

Once the application form and deposit have been received you will receive a letter confirming your place on the programme with instructions on payment of the remaining amount according to the payment plan you selected. Your next payment will be due by 30<sup>th</sup> September 2020.

**For further information please contact Neil Scott-Kiddie at:**

**T:** 0141 6160919 **M:** 07773331807 **Email:** [ebtasecretary@outlook.com](mailto:ebtasecretary@outlook.com) **Website:** [www.toyohari.org.uk](http://www.toyohari.org.uk)

**Please complete the registration form below and send it to the following address:**

Neil Scott-Kiddie, 8 Kintyre Crescent, Newton Mearns, Glasgow, G776SR

**OR email:** [ebtasecretary@outlook.com](mailto:ebtasecretary@outlook.com)

**Payment information**

Please **state your name** with the payment. **You should pay any bank transfer costs.**

**Payment name:** European Branch of the Toyohari Association

**Bank address:** The Co-Operative Bank 9, Prescott Street, P.O. Box 2069, London E1 8SF

**Sort code:** 08-92-99

**Bank Account number:** 65387328

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## I would like to register for the Toyohari programme

Name:

Street Address:

Postcode, City & Country:

Phone number:

E-mail:

Years as acupuncturist:

I am (circle) an:    acupuncturist    doctor    student    other

I have studied acupuncture for        hours over a period of        years.

My training was at:

I received information on this programme through:    mail    introductory workshop        other

### FOR METHOD OF PAYMENT CHOOSE ONE

I will pay the £200 deposit now and will pay £1,900 by September 30, 2020. (TOTAL £2,100)

I will pay the £200 deposit now and will pay £200 by September 30, 2020 and the remaining amount of £1,800 by 31st December 2020. (TOTAL £2,200)

I will pay the £200 deposit now and will pay £200 by September 30, 2020 and then pay 10 equal instalments of £200, commencing 1st January 2021 and ending 1st October 2021. (TOTAL £2,400)

If accepted into the programme, I agree to pay according to the schedule I have selected.

**Signature**

**Date**

**Place**

Toyohari is a registered trademark (international classification 9/16/41/42) for the members of the Toyohari Association

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